

ABSTRACT

The present invention is directed to a garment (such as a short, shirt, pants and other garments) having a stretchable section preferably of neoprene, that provides for improved comfort and wearability. The other panels or fabric portions of the garment may be constructed of a relatively less stretchable or even a relatively inelastic material, and the stretchable portion is positioned in an “area of flex” of the garment (so that the stretchable portion can “stretch” when the wearer rotates limbs extending into the garment). Related methods are disclosed for garment fabrication and the like.